



The Rotary Club of Thamel

Kathmandu, Nepal Dist. 3292 Club No. 57536 Chartered date: 06.03.2002



Proposed Annual Program – 2024/25

Presented By:

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Guiding principles of Rotary

- **Object of Rotary, The Four-Way Test, Avenues of Service and Rotary's two official Mottos are the guiding principles of Rotary.**
- These principles have been developed over the years to provide Rotarians with a strong, common purpose and direction. They serve as a foundation for our relationships with each other and the action we take in the world.



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Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- **FIRST:** The development of acquaintance as an opportunity for service;
- **SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- **THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;
- **FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



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• The Four-Way Test

The test has been translated into more than 100 languages, and Rotarians recite it at club meetings: **(24 words)**

Of the things we think, say or do

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

रोटरीका चार सूत्रीय परीक्षण

सोच, भन र गर

- के यो सत्य हो?
- के यो सबै सम्बन्धितलाई उचित छ?
- के यसले सद्भावना र राम्रो मित्रता निर्माण गर्छ?
- के यो सबै सम्बन्धितलाई फायदाजनक छ?



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Avenues of Service

- We channel our commitment to service at home and abroad through **five Avenues of Service**, which are the foundation of club activity.
- **Club Service** focuses on making clubs strong. A thriving club is anchored by strong relationships and an active membership development plan.
- **Vocational Service** calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society.
- **Community Service** encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest.
- **International Service** exemplifies our global reach in promoting peace and understanding. We support this service avenue by sponsoring or volunteering on international projects, seeking partners abroad, and more.
- **Youth Service** recognizes the importance of empowering youth and young professionals through leadership development programs such as [Interact](#), [Rotary Youth Leadership Awards](#), and [Rotary Youth Exchange](#).





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Rotary's two official Mottos

- The Rotarian's Principal motto is "Service Above Self";
- Its secondary motto is "One Profits Most Who Serves Best"



Change for Innovation, Achievement, entertainment and engagement



You have planted and grown a “Tree” (RC Thamel) – I know you love RC Thamel more than me



I will pour water and put seeds into the “Tree” But I assure you that RC Thamel also loves me





Change for Innovation, Achievement, entertainment
and engagement

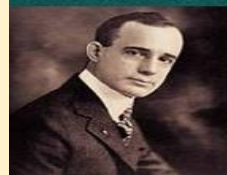


I am not going to catch a 'Star'



**I cannot do great things, but I will try my best
to do small things in a great way**

**IF YOU CANNOT
DO GREAT
THINGS, DO
SMALL THINGS IN
A GREAT WAY.**



Napoleon Hill
American Author

QUOTEHD.COM

1883 - 1970



Change for Innovation, Achievement, entertainment and engagement



Let us love, unite, trust, respect and contribute together to grow a strong and dynamic 'RC Thamel'





Change for Innovation, Achievement, entertainment and engagement



- **Will adopt the principle of “old is gold”** – continue the previous best practices of the Club such as sharing Rotary’s interesting facts, encouraging members to be innovative and creative through poems, sometimes of sharing of experiences etc.
- **Follow the principle of “small is beautiful”** – avoiding big talk beyond the club capacity and implement small community-based service projects that yield meaningful results / outputs.
- **Not to continue projects for the sake of continuing projects** – discontinue the burdensome project.
- **Think high and work hard** - to implement bigger projects through global grants.
- **Develop partnership with potential external Rotary Clubs** - to implement moderate projects.
- **Focus more on** - members’ readiness, comforts, willingness, wisdom to generate funds- but not enforce them to fund but through inspiring them to fund.



Change for Innovation, Achievement, entertainment and engagement



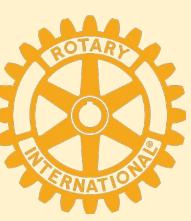
- **Avoid extravagant show up** – DG visit and Chartered day celebration together, President / Board Member induction in RWM.
- **Engage every member in club activities** - to enhance ownership.
- **Celebrate birthday / marriage anniversaries of Rotary members including their spouse – in physical presence** –With cards signed by members
- **Visit rotary members** – to share intense griefs, sorrow, supports and sense of belongingness to them in distress situation of undesired happenings in their life.
- **Regular communication between the Rotary Members** - through telephonic conversation, WhatsApp, Messenger, Viber etc., to enhance mutual bonding and faithfulness.
- **Invite absentee members to attend RWM:** Call him/her at least once in a month to know his difficulties / problems and encourage him to attend the meeting.



Change for Innovation, entertainment and engagement



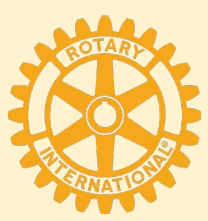
- Health is wealth program in RWM: at least once in three months – Yoga, meditation, health awareness through external experts.
- RWM meeting time: RWM to be started from 08:00 AM – 09:30 AM (Tea and coffee – 07:30 AM – 08:00 AM) and Breakfast – 09:30 AM – 10:00 AM).
- Time management – External (Guest) Speaker day: Presentation – 30 minutes, Q&A -15 minutes. Formal regular activities will only be carried out and no discussions about other affairs. Once in a month.
- Time management – internal speaker day (Classification Talk): Presentation – maximum 20 minutes, Q&A 10 minutes. 40 minutes for other affairs. Once in a month.
- Service project progress update: Bi-monthly progress update of ongoing projects - 1st week of a month.
- Project affairs discussion: only twice in a month – in an alternative week.



Change for Innovation, entertainment and engagement



- Visits to Other Rotary Clubs: Once in a month – encouraging members to visit on a rotational basis.
- Service Project Visits: Encourage members to take part at least twice in every six months to visit project site.
- Rotaract and Interact Collaboration: Rotaract and interacts shall be mobilized to boost public image through ‘Nyano’ program, Gaijatra and Indra Jatra street cleaning program and Bahal to Bahal Walk program.
- Rotaract and Interact Joint Meeting: Every quarterly
- Education counseling program in RC Thamel’s Rotaract and Interact education institution: education counseling program shall be carried out in Annapurna School and Thames College by RC Thamel, Rotarians. Subjects and area of counseling shall be decided in RWM.
- Website regular update: RC Thamel Website shall be updated regularly by uploading all relevant information

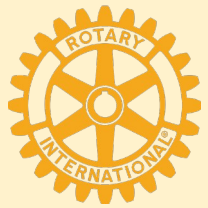


Change for Innovation, entertainment and engagement



- DG sponsored program: DG is expected to start his brand program under the umbrella of RC Thamel to make it a signature program of the District 3292.
- New Member Installation and Annual Fee: Arrangements shall be made to charge new members to pay RI and other mandatory fee in full amount and other fees proportionately for the remaining month of a Rota year.
- PHF Members Club: RC Thamel will be 100% PHF members club. New members will be encouraged to get PHF membership.
- New members induction: New Four members to be inducted in which new younger members will be in priority. One female members and three male members of different vocations will be the priority to be inducted of the Club.
- Retention of the members: Retention of the members shall also be given

- **Annual fee:** Annual fee shall be Rs. 35,000/00 and Rs. 10,000/00 as in last year and EREY fee of Rs. 3350 (equivalent to US \$ 25). For RC Thamel Rotarian's spouse - female members – annual fee including other fee shall be Rs. 25,850. But for other female members, the annual fee will be the same as for the male members.
- **Annual fee for new members:** Annual fee for the new members inducting before the month of Magh will pay the same amount of NPR 45,000.00 and EREY fee of NPR 3,350 annually. But the new member inducting after the month of Magh will pay Rs. 37,375.00 (all other costs same but breakfast cost 50%).
- **Enrollment fee for new member:** Rs. 10,000 extra amount for enrollment.
- **Payment of annual fee and EREY cost:** Let us develop a habit of paying annual due / EREY cost by August every year.



Rotary District 3292 Goals 2024-25 (Contd....)



- Payment of annual fee and EREY cost: Let us develop a habit of paying annual due / EREY cost by August every year.
- Fund raising program: Fund raising program will be explored to meet Club's financial needs.
- Prizes, awards and donations: Rotarians contributing to endowment fund will decide prizes, awards and donations to be distributed to the persons and institutions they select. Such awards / prizes / donations will be distributed either in special RWM. DG Visit and Charter Day of the RCT.

Goal Setting for RY 2024-25
Rotary Club of Thamel

S. No.	Particulars	Details
1	Club Administration	
i	Number of Meetings:	45
	Physical	43
	Virtual	2
ii.	No. of Classification Talk	12
iii.	No. of Guest Speakers	12
iv.	Club Assemblies	6
v.	No. of BOD Meetings	12

Goal Setting for RY 2024-25 of RC (Contd.....)

vi.	Committee Meetings	4 per committee
vii.	News Bulletin	4
viii.	No. of Fellowships	5
ix.	Family Picnic	1
x.	Participation in District Programs	6
xi.	Participation in RI Convention	10
xii.	Sister City Relationship	1
xiii.	Registration in My Rotary	100%

Goal Setting for RY 2024-25 of RC (Contd.....)

2	Membership	
i.	Increase Members	
	Existing	40
	Increase	10% = 4
	(% of women)	25% = 1
	Honorary Members	1
ii.	Retention in %	95%
iii.	New Club Extension	-
iv.	New Rotaract Club	1
v.	New Interact Club	1

Goal Setting for RY 2024-25 of RC (Contd.....)

3	Foundation	
i.	Annual Fund	\$2,000
ii.	End Polio Now	\$ 500
iii.	Global Grant	\$ 2,500
iv.	Endowment Fund	-
v.	New AKS	-
vi.	New MD	1
vii.	New PHS	1
viii.	New PHF	4

Goal Setting for RY 2024-25 of RC (Contd.....)

4	Service Projects	
i.	Club based Project	30
ii.	District Grant	1
iii.	Global Grant	1
iv.	Opening RCC	1

Goal Setting for RY 2024-25 of RC (Contd.....)

5	Public Image	
i.	Number of Rotarians completing the Public Image Courses on the Learning Center	20
ii.	Number of active Facebook pages posts	25 posts
iii.	Number of active Instagram accounts posts	25 posts
iv.	Participation at Public Image Seminars, Branding Workshops conducted during the year.	5
v.	Number of Public Image stories harvested and sent.	5
vi.	World Polio Day celebration on October 24	10
vii.	World Rotary Day celebration on February 24	10

Goal Setting for RY 2024-25 of RC (Contd.....)

viii.	How many Rotary Days of Service would be conducted during the year?	3 (with Interact and Rotaracts) during Gai Jatra, Indra Jatra and Bahal to Bahal walk performance
ix.	Number of mentions in the Print/Electronic media during the year?	12 in Governor's Monthly Letter (GML)
x.	Number of purely public-facing Public Image Projects conducted during the year.	12

Rotary Club Central - Choose and set the goals your club will focus on and track progress for the year 2024-25.

A. Enhance Participant Engagement

1. Service Participation

- Achievement Goal
35

How many members will participate in club service activities during the Rotary year?

2. Social activities

- Achievement Goal
7

How many social activities will your club hold outside of regular meetings during the Rotary year?

3. Rotary Action Group Participation

- Achievement Goal
0

How many club members will be members of at least one Rotary Action Group (RAG) during the Rotary year?

Rotary Club Central - Choose and set the goals (Contd.....)

4. Leadership development participation

- Achievement Goal

3

How many members will participate in leadership development programs or activities during the Rotary year?

5. District conference attendance

- Achievement Goal

25

How many members will attend your district conference?

6. Use of official Rotary promotional materials

- Achievement Goal

2

Did your club use Rotary International's promotional, advertising and public service materials (videos, social media graphics, digital banners, etc.) available in the Brand Center, to post/share content to promote Rotary in your community throughout the Rotary year?

Rotary Club Central - Choose and set the goals (Contd.....)

7. Rotary Fellowship participation

- Achievement Goal

20

How many club members will be members of a Rotary Fellowship during the Rotary year?

8. District training participation

- Achievement Goal

6

How many of your club's leaders will attend a learning event to prepare for their role?

Rotary Club Central - Choose and set the goals (Contd.....)

• **B. Increase our Impact Expand**

1. Annual Fund contributions

- Achievement (USD) Goal (USD)
2,000

How much money (USD) will be contributed to The Rotary Foundation Annual Fund by your club and its members during the Rotary year?

2. Service projects

- Achievement Goal
35

How many service projects will your club complete during the Rotary year?

3. PolioPlus Fund contributions

- Achievement (USD) Goal (USD)
500

How much money (USD) will be contributed to The Rotary Foundation PolioPlus Fund by your club and its members during the Rotary year?

Rotary Club Central - Choose and set the goals (Contd.....)

C. Expand Our Reach

1. Rotaract Clubs

- Achievement

Goal

1

How many new and existing Rotaract clubs will your club sponsor during the Rotary year?

2. Club membership

- Achievement

Goal

44

How many total members does your club want by the end of the Rotary year?

3. Interact clubs

- Achievement

Goal

1

How many new and existing Interact clubs will your club sponsor during the Rotary year?

Rotary Club Central - Choose and set the goals (Contd.....)

4. New member sponsorship

- Achievement Goal

4

How many members will sponsor a new club member during the Rotary year?

5. Media stories about club projects

- Achievement Goal

12

How many media stories will cover your club's projects during the Rotary year?

6. RYLA participation

- Achievement Goal

2

How many individuals will your club sponsor to participate in Rotary Youth Leadership Awards (RYLA) events during the Rotary year?

Rotary Club Central - Choose and set the goals (Contd....)

D. Increase Our Ability to Adapt

1. Strategic plan

- Achievement Goal
Yes

Does your club have an up-to-date strategic plan?

2. Online presence

- Achievement Goal
Yes

Does your club's branding (promotional materials, website, social media accounts) use current and correct Rotary logos and portray members as People of Action?

3. Update website and social media

- Achievement Goal
25 posts

During the Rotary year, how many times per month will your club's website and social media accounts be updated to reflect current activities and information of interest to the public?

4. Review and consider updating your club bylaws

- Achievement Goal
Yes

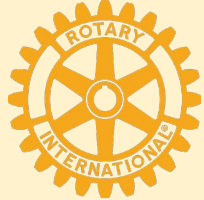
- Do your club bylaws reflect your members and other participants' needs?



Club Administration and management



S.N.	Activities	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Tot.
1	Club Meetings	5	3 (4)	3 (4)	3 (4)	3 (4)	5 (4)	3 (4)	4	4	4 (5)	4	4	45
2	Attendance	50% - 60%												
3	Board Meetings (after every RWM of the last week of a month)	1	1	1	1	1	1	1	1	1	1	1	1	12
4	Club Assemblies (every two months)		1				1			1		1	1	6
5	Club Committee Meetings (once in three months of each committee)		1			1		1		1	1		1	6
6	In-house Speakers MAGICAL ROTARY (Each member in a rotation – weekly)	3	3	3	3	3	3	3	3	3	3	3	3	36
7	External Speakers (Once in a month)	1	1	1	1	1	1	1	1	1	1	1	1	12
8	Speaker Series ICM (Twice in a Year) – in joint collaboration with other Rotary Clubs						1						1	2
9	Birthday celebration (Rotary members – spouse) -	Every week												
10	Wedding anniversary celebration	Every week												



Service PROJECTS FOR Creating Opportunities for Hope to build



Small but meaningful and beautiful projects



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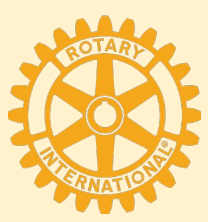


Service PROJECTS FOR Creating Opportunities for Hope to build



Small but meaningful and beautiful projects

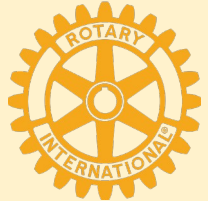




Project From – RC Thamel Internal and External Sources



	Activities	Area of Support	Project Implementation Period												Estimated Amount
			Jul.	Aug	Sep	Oct.	Nov	Dec	Jan.	Feb	Mar	Apr.	Ma y	Jun.	
1	Mahendra Secondary School, Trishuli and Bindukeshar Secondary School (Water) Nuwakot	Education materials distribution			1										150,000.00 (Peter Carr Foundation)
2	Ugratara School and other 2 Schools, Ghumar Chowk	Education materials and scholarship distribution					1								35,000.00
3	School in Taudaha	Scholarship distribution (water problem) one student sponsor???										1			20,000.00
4	Diabetes prevention awareness program (Bahal based)	Kathmandu based Bahal							1			1			40,000.00
5	Eye Camp	JP SCHOOL Annapurna School Shanti Niketan	1							1					50,000.00
6	Dental Camp	Bijeshwori B School									1				25,000.00



Project From – RC Thamel Internal and External Sources



Nya no	Activities	Area of Support	Project Implementation Period												Estimated Amount
			Jul.	Aug	Sep	Oct	Nov	Dec	Jan.	Feb	Mar	Apr.	Ma y	Jun.	
15	Tree Plantaion (1000 Nos.) Collection of used Various Fruit and vegetable seeds at RCT Members home and sow it at barren jungle and river areas while going outing and visit	1. Devichour 2. Ghumar Chowk 3. Other Areas to be found out													50,000
16	Revive Pond Water Resources						1								35,000.00
17	Water and sanitation project in School (Girls Toilet)											1			20,000.00
18	Support for the extremely poor and guardianless children in Orphanage and Shelters							1			1				40,000.00
19	Support for the blind and differently able poor students and their shelter		1							1					25,000.00
20	Banana fiber project- “Fiber to Fabric” Project.										1				50,000.00
21	Support for the Enhancing technical skills through vocational training program (Pottery making training, burn prevention awareness orientation etc.)									1					50,000.00



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Thank you