

The Rotary Club of Thamel Kathmandu, Nepal Dist. 3292 Club No. 57536 Chartered date: 06.03.2002





Proposed Annual Program – 2023/24

Presented By:

President Rtn. - Yoga Raj Pokhrel



You have planted and grown a "Tree" (RC Thamel)

– I know you love RC Thamel more than me

I will pour water and put seeds into the "Tree" But I assure you that RC Thamel also loves me

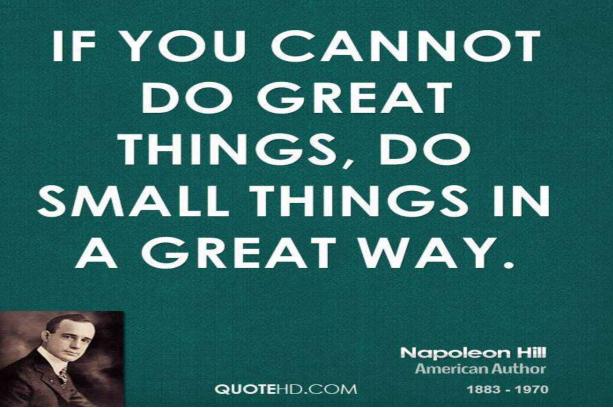




I am not going to catch a 'Star"

I cannot do great things, but I will try my best to do small things in a great way





Let us love, unite, trust, respect and contribute together to grow a strong and dynamic 'RC Thamel'



- Will adopt the principle of "old is gold" continue the previous best practices of the Club such as sharing Rotary's interesting facts, encouraging members to be innovative and creative through poems, sharing of experiences etc.
- Follow the principle of "small is beautiful" avoiding big talk beyond the club capacity and implement small community-based service projects that yield meaningful results / outputs.
- Let us not continue projects for the sake of continuing projects discontinue the burdensome project.
- Let us think high and work hard to implement bigger projects through global grants.
- Let us develop partnership with potential external Rotary Clubs to implement moderate projects.
- Let us focus more on members' readiness, comforts, willingness, wisdom to generate funds- but not enforce them to fund but through inspiring them to fund.
- Avoid extravagant show up DG visit and Chartered day celebration together, President / Board Member induction in RWM.

- Engage every member in club activities to enhance ownership.
- Celebrate birthday / marriage anniversaries of Rotary members including their spouse in physical presence exchange of token of love in the form of auspicious green plants to endorse good luck and promote green living.
- Visit rotary members to share intense griefs, sorrow, supports and sense of belongingness to them in distress situation
 of undesired happenings in their life.
- Regular communication between the Rotary Members through telephonic conversation, WhatsApp, Messenger, Viber etc., to enhance mutual bonding and faithfulness.
- <u>Invite absentee members to attend RWM:</u> Call him/her at least once in a month to know his difficulties / problems and encourage him to attend the meeting.
- <u>Health is wealth program in RWM:</u> at least once in three months Yoga, meditation, health awareness through external experts.

CHANGE FOR INNOVATION, ENTERTAINMENT AND ENGAGEMENT

- Change in the RWM meeting time: RWM to be started from 08:00 AM 09:00 AM (Tea and coffee 07:30 AM 08:00 AM) and Breakfast 09:00 AM 10:00 AM) By any means RWM will end by latest 09:15 AM.
- <u>Time management external speaker day:</u> Presentation 30 minutes, Q&A -15 minutes. Formal regular activities will only be carried out and no discussions about other affairs. Once in a month last week of a month.
- <u>Time management internal speaker day:</u> Presentation 15 minutes, Q&A 5 minutes. 40 minutes for other affairs. Thrice in a month.
- Service project progress update: Bi-monthly progress update of ongoing projects 1st week of a month.
- <u>Project affairs discussion:</u> only twice in a month in an alternative week.
- <u>Visits to Other Rotary Clubs:</u> At least once in a month encouraging members to visit on a rotational basis.
- Service Project Visits: Encourage members to take part at least twice in a year to visit project site.

CHANGE FOR INNOVATION, ENTERTAINMENT AND ENGAGEMENT

- Rotaract and Interact Collaboration: Rotaract and interacts shall be mobilized to boost public image through 'Nyano' program and Gaijatra street cleaning program.
- <u>Education counseling program in RC Thamel's Rotaract and Interact education institution:</u> education counseling program shall be carried out in Annapurna School and Thames College by RC Thamel, Rotarians. Subjects and area of counseling shall be decided in RWM.
- Website regular update: RC Thamel Website shall be updated regularly by uploading all relevant information.
- Annual program in Google Calendar: Possibility of updating RC Thamel all annual / weekly programs in Google Calendar
 (in consultation with Rtn. Santosh Maskey and Dr. Jyoti Tandukar) shall be explored and, if feasible, it will be updated.
- RC Thamel App: Possibility of creating RC Thamel App shall be explored and, if feasible, actions will be taken to make RC Thamel App.
- <u>DGN sponsored program:</u> DGN is expected to start his brand program under the umbrella of RC Thamel to make it a signature program of the District 3292.
- New Member Installation and Annual Fee: Arrangements shall be made to charge new members to pay RI and other mandatory fee in full amount and other fees proportionately for the remaining month of a Rota year

CHANGE FOR INNOVATION, ENTERTAINMENT AND ENGAGEMENT

- PHF Members Club: RC Thamel will be 100% PHF members club. New members will be encouraged to get PHF membership.
- New members induction: new female members will be the priority of the Club. New male members will also be on the list.
- Retention of the members: Retention of the members shall be given due priority rather than inducting new members.
- <u>Annual fee</u>: Annual fee shall be NPR 35,000/00 and NPR 10,000/00 as in last year. For RC Thamel Rotarian's spouse female members annual fee including other fee shall be NPR 25,800. But for other female members, the annual fee will be the same as for the male members.
- Annual fee for new members: Annual fee for the new members inducting before the month of Magh will pay the same amount of NPR 45,000.00 and EREY fee of NPR 3,300 annually. But the new members inducting after the month of Magh will pay NPR 37,325.00 (all other costs same but breakfast cost 50%)
- Payment of annual fee and EREY cost: Let us develop a habit of paying annual due / EREY cost by August every year.
- <u>Fund raising program:</u> Fund raising program will be explored to meet Club's financial needs.
- <u>Prizes, awards and donations:</u> Rotarians contributing to endowment fund will decide prizes, awards and donations to be distributed to the persons and institutions they select. Such awards / prizes / donations will be distributed in RWM.

CLUB ADMINISTRATION AND MANAGEMENT

S.N.	Activities	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Tot.
1	Club Meetings	4	4 (5)	4	3	3	4	4 (5)	4	4	4 (5)	4	4	46
2	Attendance	50% - 60%												
3	Board Meetings (after every RWM of the last week of a month)	1	1	1	1	1	1	1	1	1	1	1	1	12
4	Club Assemblies (every two months)		1		1		1		1		1		1	6
5	Club Committee Meetings (once in two months)		1		1		1		1		1		1	6
6	In-house Speakers (Each member in a rotation – weekly)	3	3	3	2	2	3	3	3	3	3	3	3	34
7	External Speakers (Last week of a month)	1	1	1	1	1	1	1	1	1	1	1	1	12
8	Speaker Series (Twice in a Year) – in joint collaboration with other Rotary Clubs						1						1	2
9	Birthday celebration (Rotary members – spouse) -						Ev	ery we	ek	4.				
10	Wedding anniversary celebration						Ev	ery we	ek		hutterstock.com - 22327	6276.		

FELLOWSHIP

S.N.	Activities	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Tot.
1	President and Board Members Installation Program (Proposed to be organized in Regular Weekly Meeting)	1												1
2	Welcome fellowship program			1										1
3	New Members Installation Program		1				1							2
4	Family Outing Program (Overnight stay program – 1, Family Picnic – Subhakamana Adanpradan – Nepalese New Year– 1)						1				1			2
5	Valentine Day Celebration								1					1
6	Chartered Day Celebration / DG Visit									1				1
7	Family Teez Festival (to be celebrated in the presence of RC Thamel Family)			1										1
8	Bahal to Bahal walk program				1									

CLUB PARTICIPATION

S.N.	Activities	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	Мау.	Jun.	Tot.
1	DG Installation Program – Butwal (No. of participants)	10												10
2	RCBB – Malaysia Friendship Trip (No. of participants)			10										10
3	Rotary Day (No. of participants)						10							10
4	District Conference (No. of participants)										15			15
5	RI Convention (No. of participants)											5		5
6	Grant Management Seminar (No. of participants)										5			5
7	PET Seminar / Workshop (No. of participants)									5				5
8	Rotary Club Visits (No. of visits)	1	1	1	1	1	1	1	1	1	1	1	1	12
9	Bahal to Bahal walk program (No. of walk program)				1				1					2

SERVICE PROJECTS FOR CREATING OPPORTUNITIES FOR HOPE TO BUILD

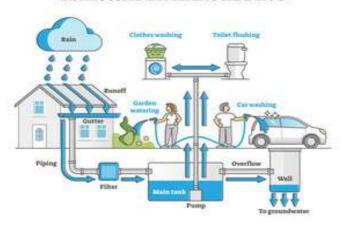
Small but meaningful and beautiful projects







RAINWATER HARVESTING







SERVICE PROJECTS FOR CREATING OPPORTUNITIES FOR HOPE TO BUILD

Small but meaningful and beautiful projects













PROJECT FROM – RC THAMEL INTERNAL SOURCES

								Project Implementation Period												
S.N.	Activities	Area of Support	Jul.	Aug	Sep.	Oct.	Nov	Dec.	Jan.	Feb.	Mar.	Apr.	May	Jun.	Estimated Amount					
1	Mahendra Secondary School, Trishuli	Education materials distribution			1										100,000.00					
2	Ugratara School and other 2 Schools, Ghumar Chowk	Education materials and scholarship distribution					1								35,000.00					
3	School in Taudaha	Scholarship distribution										1			20,000.00					
4	Diabetes prevention awareness program (Bahal based)	Kathmandu based Bahal						1			1				40,000.00					
5	Eye Camp	Itumbahal and Jhwa / Dhoka Bahal	1						1						50,000.00					
6	Dental Camp	Annapurna School								1					25,000.00					
7	Bahal to Bahal walk (heritage) program								1						100,000.00					
8	Rotaract Club Support														25,000.00					
9	Interact Club Support														25,000.00					
10	District sponsored program														100,000.00					

PROJECT FROM – RC THAMEL INTERNAL SOURCES

					Estimated										
S.N.	Activities	Source of Funding	Jul.	Aug	Sep.	Oct.	Nov	Dec.	Jan.	Feb.	Mar.	Apr.	May	Jun.	Amount
11	Bindukeshar Secondary School (Water Sanitation)	Peter Carr Foundation	_												700,000.00
12	Girls Toilet – 2	District fund / RC Thamel internal fund													800,000.00
13	Tree / Flower plantation, Kabhre	M. R. Shakya S.R. Tuladhar		1											50,000.00
14	Food for Life Program	ABS, BMS I			1										25,000.00
15	Green education program, Kabhre	UNESCO													500,000.00
16	Rainwater conservation / agriculture support program – Kabhre	Japan Rotary Club	_												400,000.00
17	Support to orphanage / old age home / disables	NRN USA	_												500,000.00
18	Cervical Cancer Screening Program	Global Grants / RC Thamel Internal Source													US\$ 75,000.00 Rs. 700,000.0
19	Education Counseling program in Thames and Annapurna	Experts Services								1					No cost
20	Burn prevention, treatment and awareness program	Inter Burns													Under process



Thank you

President Rtn. - Yoga Raj Pokhrel

Email: pokhrel.yog@gmail.com

Cell: 9851136883